



# SynapTic



## KNOWLEDGE TRANSFER

### Events Unit



WEBINAR

## THE POST-ACURE CARE PROGRAM: An innovative rehabilitation program for seniors

## November 28, from noon to 1 p.m.



Rehabilitation services for seniors discharged after a hospital stay are essential to helping them regain their functional independence. However, once they are back home, access to outpatient physiotherapy continues to be limited in spite of the need.

To optimize the physical abilities acquired during rehabilitation, a new post-acute home care program (SPAD) was launched, providing in-home physical rehabilitation therapy for a maximum of 8 weeks. The program ran for two years and has been reviewed to explore the effects on the users' health and functional independence.

This webinar will present the results of the review as well as areas for improvement.

Webinar given in French with French and English Q&A

### TARGET AUDIENCE:

All healthcare professionals, managers and employees within the healthcare network interested in the role that rehabilitation plays in the fluidity and efficiency of senior care.

### OBJECTIVES:

- Presentation of the Post-Acute Home Care Program and its impact on rehabilitation challenges
- Presentation of the results of the review
- Presentation of possible solutions identified during a consultation workshop with decision-makers

### PRESENTED BY:



**DIANA ZIDAROV**, pht, PhD.

Institutional researcher at the Institut universitaire sur la réadaptation en déficience physique de Montréal – CIUSSS du Centre-Sud-de-l'Île-de-Montréal and adjunct professor at the Université de Montréal's School of Rehabilitation. Diana has extensive clinical experience working as a physiotherapist with individuals who have physical disabilities, including seniors.



**KATHLEEN CHASSÉ**, pht

Rehabilitation coordinator at Ste. Anne's Hospital, Support for Elderly Autonomy Program Directorate (SEAP), Montréal West Island CIUSSS. Kathleen graduated from McGill in 2003 and has practiced in various healthcare sectors. She has a particular interest for clinical research in geriatric rehabilitation and has participated in various research projects.



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